



Presented by:  
Alice Besesek & Nikki Kagan

# HOW ENERGY & MOTION CONVERGE IN LEADING AND MANAGING

Every day it seems there is a new  
approach to leadership and team  
development.

But the best approach is  
**55 million years old.**

## CONTACT US



Alice.Besesek@Gmail.com  
Nikki@Kagan-Consulting.com



<https://www.linkedin.com/in/kaganconsulting/>

<https://www.linkedin.com/in/alice-laura-besesek-acc-92765a1a8>

We invite you to engage in a learning process that will challenge your view of leadership and help you to adopt a healthier and more productive leadership approach.



E-Motion at Work

**TOPICS INCLUDE:**



ADAPTIVE LEADERSHIP



MOTIVATION & ENGAGEMENT



CULTIVATING INDEPENDENCE



TEAM DYNAMICS



MAXIMIZING COMMUNICATION



TEAM PERFORMANCE



VULNERABILITY IN LEADERSHIP

**About Us...**

- Clients in 25 countries
- Published authors
- Certified facilitators
- ICF Membership
- Clients include Ebay, Siemens, HP & more
- 35 years of experience
- Serving all industries



## Who needs this program?

Most leaders and managers believe they're doing a good job. And many are. Likely you are too. The question is, "how do you know?" What standards are you/others using? In leading and managing, perception is everything. This program is for you if are looking to learn how you can help your direct reports to...

- Become more highly engaged and committed
- Speak up more openly and with greater frequency
- Address and manage conflict in a healthy, more productive manner
- Take initiative freely and responsibly
- Take accountability for their own actions AND hold others accountable for theirs
- Collaborate more willingly and productively, and...
- Achieve the results you want more consistently.

So if any of these bullets are on your team member "wish list", our program will help.



## What will you gain?

As with all good programs, the more effort you invest, the greater the gain. What we can promise you is that **if** you are willing to look closely at who you are as a leader/manager, and **if** you engage fully in the assignments and take each 1:1 coaching call seriously, you will:

- Gain more time by reducing your team's reliance on you as they become more independent.
- A more positive team culture resulting from greater motivation and engagement.
- Learn what thought patterns, assumptions and behaviors may be keeping you from being your best, and how to change them.
- Be able to expedite your team's development by identifying and understanding each team members' unique gaps/needs.
- Experience fewer escalations as you help your team learn to more effectively address and manage conflict.
- Become more effective in unexpected situations by replacing gut reactions with cognitive responses.
- Be better prepared to balance long term vision with near term strategy.
- The ability to adapt your leadership style to various situations/team members.

## Facilitated live via Zoom

Modules are facilitated either weekly, or twice a month to allow time in between for completing "homework" and for engaging in the 60-minute 1:1 (or group) coaching sessions.

Live facilitated sessions of between 60-90 minutes allow for real-time questions and answers, group interaction and deeper discussions through sharing of real-time of individuals' challenges and experiences.

The coaching call allows participants to discuss homework, ask questions, and get individualized support and help with any challenges they may be facing with team members.

## Purchase Online Program

This option provides each individual with direct access to our 7-module program. Each recorded module is between 35-60 minutes long and includes worksheets and "homework" to deepen the learning.

Participants are encouraged to engage in a 1:1 coaching call upon completion of each module, providing the opportunity to review homework, ask questions, and discuss and address challenges they may be facing with team members. Check out the link here:

<https://kaganconsulting.vipmembervault.com/products/courses/view/1137776>

## Coaching Makes the Difference!

Our program is both comprehensive and actionable. What makes it unique and exceptional is the inclusion of the 1:1 coaching sessions for each participant or group. The support provided by coaching has been found to deepen the learning, clarify the concepts and helps to bring about long-lasting behavioral changes.